



# Cub Newsletter

October 2018

Main Office 324-2800      Attendance Line 324-2802  
Office hours 7:30 a.m.- 4:00 p.m.  
School day hours 8:05 a.m.-2:50 p.m.  
Library hours 7:30 a.m. - 3:20 p.m  
Transportation 324-2100

Attendance Office phone number 324-2802

**\*\* Please let us know if any phone numbers, addresses, or e-mails have changed so we can keep in contact with you!**

## Important Dates

Oct 1<sup>st</sup> Angel Fund forms available  
Oct. 11<sup>th</sup> Wellness Screening  
Oct. 15<sup>th</sup> Picture Retakes - 8:00-10:00 am  
Oct. 15<sup>th</sup> Wrestling begins  
Oct. 17<sup>th</sup> Parent Council Meeting 12:00 noon  
Oct. 18<sup>th</sup> & 19<sup>th</sup> No School – MEA Teacher Conferences  
Oct. 23<sup>rd</sup> 6<sup>th</sup>/7<sup>th</sup> grade girls' basketball begins  
Oct. 26<sup>th</sup> Halloween Dance 3:00-5:00 pm  
Nov. 1<sup>st</sup> and 2<sup>nd</sup> Orchestra Informances  
Nov. 2<sup>nd</sup> End of 1<sup>st</sup> Quarter  
Nov. 13<sup>th</sup> & 14<sup>th</sup> Parent Teacher Conferences  
Nov. 15<sup>th</sup> Winter Choral Concert – 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> grades & VOT  
Nov. 21-23<sup>rd</sup> Thanksgiving Break-No School

## **Early Release on Mondays!**

Students will be released from classes at 2:15 p.m. each Monday, for professional development time for teachers. Busses will run their regular routes.

Our district is very appreciative of our community for supporting our efforts to schedule professional development time that is directly related to student achievement. Teachers and support staff will be using the early release time to work together to improve their professional practice in an effort to ensure more students learn more. Our work will include:

- **Studying and clarifying the meaning of the MT State Standards and The Career and Technology Education industry standards**
- **Developing an understanding of what the standard looks like in student work**
- **Designing units of study**
- **Writing common assessments**
- **Analyzing the results of the common assessments**
- **Planning additional, time, support and extension for students.**

Our goal is simply to have more students learning more.

The 2018-19 District Calendar and the A/B Day Calendar are posted on our website.

<http://cra.helenaschools.org/resources/>

## Picture Retakes will be October 15<sup>th</sup> 8:05 am-10:15 am

If you are getting retakes please bring your pictures and give them to the photographer. If you are getting more pictures or pictures for the first time please stop at the office and get an order form.

## **CRA Library Hours**

**7:30am-3:20pm**

Students using the library at 7:30 need to use the NW entrance  
(by the basketball hoops)

## Parent Council

Parents: If you are looking for a way to keep in touch with your child's school – CRA Parent Council would like to meet you. The next meeting is scheduled for **Wednesday, October 17<sup>th</sup>** at **12:00 noon**. We are looking forward to new ideas and energy and everyone is welcome.

### Cross Country

The last two Cross Country meets are as follows:

Wednesday, October 3<sup>rd</sup> at 3:30 PM – Northwest Park; and

Wednesday, October 10<sup>th</sup> at 3:00 PM – Bill Roberts Golf Course

## Student Council/Magazine Drive Updates:

Thank you to everyone who has supported our Student Council fundraiser so far this year – the money from this fundraiser is used in a variety of ways to make our school, community, and state a better place! Some of the activities funded include holiday season gift giving actions for CRA students and the greater community, donations to the Montana Make-A-Wish Foundation and disaster relief efforts, and school-improving purchases like benches, landscaping materials, and the flat-panel ‘CubVision’ screens in the front lobby area.

We have extended the final deadline to Thursday, October 4<sup>th</sup> – please make sure to turn in all orders by this date. Online orders are still open as well – if you are interested, please go to: <https://gaogina.weebly.com/c-r-anderson.html>. In the order information please include the name of the student you would like to support, so they can receive prizes for the orders! Online orders will be shipped directly to the order address. For orders placed directly through students, items will be delivered to CRA, and students will be responsible for getting the items to the buyers – stay tuned for updates!

### **Middle School Activities**

*The C.R. Anderson Sports Program is to provide equal and safe opportunities for all students to participate. Our focus is to foster competition, sportsmanship, teamwork, and individual improvement.*

**Registration forms will be available at the main office, prior to the start of that particular sport. Fees (\$40 per activity) must be paid at the time of registration.**

<b>Wrestling 6<sup>th</sup>/7<sup>th</sup>/8<sup>th</sup> Boys</b>	<b>Starts Oct. 15 – Nov. 15 – registration closes Oct. 8</b>
<b>Girls Basketball 6<sup>th</sup>/7<sup>th</sup></b>	<b>Starts Oct. 23 – Dec. 6 – registration closes Oct. 12</b>
<b>Girls/Boys Basketball 8<sup>th</sup></b>	<b>Starts Dec. 11 – Jan. 24</b>
<b>Boys Basketball 6<sup>th</sup>/7<sup>th</sup></b>	<b>Starts Jan. 29 – March 7</b>
<b>Volleyball 6<sup>th</sup>/7<sup>th</sup></b>	<b>Starts March 12 – April 18</b>
<b>Track</b>	<b>Starts April 23 – May 30</b>

## From the Lunch Counter:

If your child was part of the free/reduced meal program last year, but you have not completed an application for the 2018-2019 school year, **please do so immediately**. Current eligibility **ends October 11, 2018**; at that time, all free/reduced students who do not have a current application on file will be charged \$2.75 for lunch and \$1.40 for breakfast. Applications are available in the main office at C.R. Anderson or may also be completed online at [www.mymealtime.com](http://www.mymealtime.com).

Thanks in advance for your immediate attention. Please feel free to contact me with any questions at the phone number or e-mail listed below.

Rachelle Lilletvedt, Bookkeeper

C.R. Anderson Middle School

(406) 324-2757/[rlilletvedt@helenaschools.org](mailto:rlilletvedt@helenaschools.org)

### 2018/19 Breakfast and lunch prices and information

	Full Price	Reduced Price
Breakfast	\$1.40	\$.30
Lunch	\$2.75	\$.40

Procedure for putting money onto a student's meal account is as follows:

1. You may go on-line to the meal account program and use your credit/debit card to put an amount on to your student's account <https://www.mymealtime.com/signin.aspx>. Funds will not be available for 48 hours.
2. You may send a check or cash to school with your student and they may bring it to the main office before school. If sending a check to school, please put the student's first and last name along with their student ID number on the memo line. We are not able to take credit/debit cards at the school.

### MealTime Parent Portal Overview

This portal is for both Pay Online and Apply Online.

#### **Logging in:**

1. Go to <http://www.mymealtime.com>
2. If you already created an account
  - a. Enter your username and password
  - b. Click on Sign In
3. If you need to create an account
  - a. Click on Register
  - b. Enter YOUR OWN date of birth (not your student's)
  - c. Mark the box stating You have read and agree to Terms of Use
  - d. Click OK
4. Please fill in the fields to create your MealTime Online Parent Profile. You are entering **YOUR** information here, not your student's information.

#### **Adding Your student:**

1. On the Left side, click on Manage Cafeteria Accounts
2. Under Add student, **click New**
3. Select State, Enter **Montana**
4. School Name, Enter **CRA Middle School**
5. Student ID, Enter your **Student's ID #**
6. Click Add

#### **Free/Reduced Meal Application:**

1. On the Left side, Under MealTime Apply Online, Click **Let's go!**
2. You will have to Sign In again
3. Click on New Application
4. Please follow the prompts to apply

If you have any questions, please call Rachelle Lilletvedt at 324-2757.

Ahoy, me hearties!!!  
The 406 Team buccaneers will be  
Sailing toward Treasure Island in October!



In English, the young'uns will read the novel and work in teams to create their own journeys to find the pirate booty or, in this case, geocaches. Our buccaneers will be old seadogs by the time we finish with the unit on October 31<sup>st</sup>, when we sail over to the Grandstreet Theatre for a live production of Treasure Island, followed by lunch and treasure hunts. We hope to avoid any scurvy dogs on our journey lest we be keelhauls or have to walk the plank. There'll be no hornswagging on this excursion, savvy? Weigh anchor and hoist the mizzen, all hands hoay! Throw off the bow lines, raise the jolly roger, and shove off! Thars booty to be had in old Helena!

Capt. Cori Krick & her merry band of Scallywags

## **After-School Kids Academic Assistance Program**

We are currently accepting applications for the after-school study program. Applications are available in the main office. Return completed applications to the main office.

Mrs. Bisom will contact you prior to your child starting, which will be early October.

### **We will meet Tuesday and Thursday from 3:00 to 4:00.**

Students in this program receive assistance with their homework from teachers. The participants are expected to follow all school rules and come prepared to work during the study time. Attendance is expected unless there has been an excused absence for the school day. Enrollment is limited and a waiting list is kept for any overflow.

## CRA Off-Campus Emergency Evacuation

Recently all students participated in our annual evacuation drill to our Off-Campus Emergency Evacuation Sites. We practice this drill in case there would be a situation where our students can not stay in the building or need to leave the building due to an emergency.

The following are the locations our student would evacuate to:

6<sup>th</sup> grade and special needs: Calvary Baptist Church-across the street from CRA

7<sup>th</sup> grade: Headwaters Covenant Church, 1030 Choteau St. (formerly Alliance Church)

8<sup>th</sup> grade: Alliance Church, 1400 Stuart St. (formerly Our Redeemer's Lutheran Church)

If CRA would need to evacuate the building and could not return we would put into use our all school In-Touch notification system. This is the same system that is used for our attendance calling/emailing. You would receive a call and/or email letting you know the situation and the location of the grade levels. We will also post the locations on our reader board at CRA.

We hope to not use these Off-Campus sites, but if we need to, we are prepared and ready.

Thank you to the churches and their staff members for allowing our students into their buildings!

## Is it a cold or the flu?

Check your symptoms and ask your doctor for advice.  
Remember, a **flu shot** is your best protection against the flu.

Symptoms	Cold	Flu
<b>Fever</b>	Rare in adults and older children, but can be as high as 102°F in infants and small children	Usually 102°, but can go up to 104°F and usually last 3 to 4 days
<b>Headache</b>	Rare	Sudden onset and can be severe
<b>Muscle aches</b>	Mild	Usual, and often severe
<b>Tiredness and weakness</b>	Mild	Can last 2 or more weeks
<b>Extreme exhaustion</b>	Never	Sudden onset and can be severe
<b>Runny nose</b>	Often	Sometimes
<b>Sneezing</b>	Often	Sometimes
<b>Sore throat</b>	Often	Sometimes
<b>Cough</b>	Mild hacking cough	Usual, and can become severe

If you have flu systems they will usually be mild or we may never know we have the flu virus. Many patients may not be tested for the flu because the test results usually do not change how you are treated and may take several days for the results.



# C.R.A. MUSIC

## 2018 PLEDGE DRIVE

It's time once again to begin the C.R. Anderson Music Department's annual "Pledge Drive!" This unique fundraiser seeks to raise awareness about middle school music and its importance in our community while raising money to support our diverse and exciting activities. The annual C.R.A. Music Pledge Drive will support each music program's financial needs over the course of the year in a simple and easy way while teaching students how to share with others all that music offers.

Your student will be bringing home information soon explaining the details of the C.R.A. Music Pledge Drive, but we invite you to talk with your child's music teacher if you still have any questions or concerns. Thank you all for your continued support of music in our schools!

Sincerely,

Chris Nevinski  
Band  
324-2822

Chris Helseth  
Choir  
324-2821

Kevin Cleary  
Orchestra/Music Tech  
324-2816



# The MET, Live at C.R. Anderson Middle School!

The Helena School District is starting its eleventh year partnering with the Metropolitan Opera Company (the MET) for the *Live in Schools* program. It is once again shaping up to be a fantastic year! The *Live in Schools* program provides tickets to as many as ten operas each season to introduce students to this incredible art form. Each opera is streamed live to our local movie theater, and the MET provides rich and detailed educator guides that help teachers and students learn about each show.

This year's season includes both new and classic productions, including a new composition by Nico Muhly! Middle school students have attended and loved these shows for years, and we hope C.R. Anderson students will once again enjoy the world-class operas offered in this season. Visit <https://metoperaeducation.org/schools/helena> for a complete 2018-2019 calendar.

If you are interested in learning more about this nationwide program, or if you want to explore the resources available from the MET, please peruse the MET education webpage at <http://www.metopera.org/Discover/Education/HD-Live-in-Schools/>.

With our first shows fast approaching—*Samson et Dalila* on Saturday, October 20 and *La Fanciulla del West* on Saturday October 27—we want to remind C.R. Anderson students that everyone is welcome to be a part of the *Live in Schools* program. If you want to get involved with *Live in Schools*, please contact Mr. Cleary at 324-2816 or [kcleary@helenaschools.org](mailto:kcleary@helenaschools.org). We hope to see you at the opera!

## New York City 2020

As this school year gets moving, Mr. Cleary is looking ahead to Spring Break in two years! Mr. Elder is organizing an international tour in spring 2019, so the next music and art tour to New York will happen in spring 2020. While that seems a long way off, planning early makes it easier to save the money needed for such an exciting experience.

To get the planning process started, Mr. Cleary has been working with EF Explore America and interested families to create an exciting and engaging experience for all interested students. Anyone interested in being a part of the 2020 tour may contact Mr. Cleary at [kcleary@helenaschools.org](mailto:kcleary@helenaschools.org) or 324-2816; he will provide email updates and is happy to answer questions about this amazing educational opportunity.

An informational and fundraising meeting will be scheduled sometime soon, so watch newsletters and other locations for a schedule. Until then, you can visit our tour website (<http://www.efexploreamerica.com/2130156ZD>) to enroll or learn more. I hope to see you in New York!

The 2018-2019 season for the *Helena Youth Orchestra* and *The Helena Youth Chorus* is now under way! Our diverse ensembles welcome students of all ages and ability levels who want to explore challenging symphonic literature with their peers. HYO meets every Friday after school in the CRA music rooms, and HYC meets Sundays in the CRA choir room.

Everyone in Helena is also invited to our annual Fall Gala and Fundraiser. We welcome your support of our growing organizations as this new school year gets under way!

## HELENA YOUTH CHORUS & HELENA YOUTH ORCHESTRA present

# FALL 2018 GALA & FUNDRAISER

Come and support HYC & HYO in a joint fundraiser with desserts and live music!

Tickets: \$10 advance/\$15 at the door. To buy advance tickets, visit the Helena Youth Orchestra website at [helenayouthorchestra.org/gala](https://helenayouthorchestra.org/gala)

Our Redeemer's Lutheran Church • 3580 North Benton Ave •

**Thursday, October 11, 2018**

Doors at 6:00 PM • Program at 6:30



If you are interested in learning more about either of our organizations, or in obtaining an enrollment brochure, please visit our websites (<https://helenayouthorchestra.org/> or <https://helenayouthchorus.org>) or check out our Facebook pages. All orchestra ensembles welcome string players, but the *Full Orchestra* tackles literature that also requires brass, woodwind, and percussion players. Talk with your music teacher or contact Mr. Cleary ([kcleary@helenayouthorchestra.org](mailto:kcleary@helenayouthorchestra.org)) if you are interested in joining HYO or HYC.