

## **Cub Newsletter**

## November 2018

Main Office 324-2800 Attendance Line 324-2802
Office hours 7:30 a.m.- 4:00 p.m.
School day hours 8:05 a.m.-2:50 p.m.
Library hours 7:30 a.m. - 3:20 p.m
Transportation 324-2100

## Attendance Office phone number 324-2802

\*\* Please let us know if any phone numbers, addresses, or e-mails have changed so we can keep in contact with you!

## **Important Dates**

Nov. 1st and 2nd Orchestra Informances

Nov. 2<sup>nd</sup> End of 1<sup>st</sup> Quarter

Nov. 13<sup>th</sup> & 14<sup>th</sup> Parent Teacher Conferences

Nov.  $15^{th}$  Winter Choral Concert  $-6^{th}$ ,  $7^{th}$ ,  $8^{th}$  grades & VOT

Nov. 21-23<sup>rd</sup> Thanksgiving Break-No School

Nov. 29th HYO Winter Tour and Recital – 5:30 pm, Myrna Loy

Dec. 6<sup>th</sup> VOT Tour

Dec. 11th - 8th grade girls and boys basketball begins

Dec. 13<sup>th</sup> 8<sup>th</sup> grade Orchestra Informance 1 PM

Dec. 13th 8th Grade Band Concert 7 PM at CHS

Dec.  $18^{th}$  Middle School Orchestra -  $6^{th}$  at 6 pm and  $7^{th}$  at 7 pm

Dec. 20<sup>th</sup> 6<sup>th</sup>/7<sup>th</sup> Winter Band Concert – 4:00 & 7:00 pm

Dec. 22<sup>nd</sup> - Jan. 1<sup>st</sup> Holiday Break- No School

## **Early Release on Mondays!**

Students will be released from classes at 2:15 p.m. each Monday, for professional development time for teachers. Busses will run their regular routes.

Our district is very appreciative of our community for supporting our efforts to schedule professional development time that is directly related to student achievement. Teachers and support staff will be using the early release time to work together to improve their professional practice in an effort to ensure more students learn more. Our work will include:

- Studying and clarifying the meaning of the MT State Standards and The Career and Technology
   Education industry standards
- Developing an understanding of what the standard looks like in student work
- Designing units of study
- Writing common assessments
- Analyzing the results of the common assessments
- Planning additional, time, support and extension for students.

Our goal is simply to have more students learning more.

The 2018-19 District Calendar and the A/B Day Calendar are posted on our website.

http://cra.helenaschools.org/resources/

# CRA Library Hours 7:30am-3:20pm

Students using the library at 7:30 need to use the NW entrance (by the basketball hoops)

#### **Middle School Activities**

The C.R. Anderson Sports Program is to provide equal and safe opportunities for all students to participate. Our focus is to foster competition, sportsmanship, teamwork, and individual improvement.

Registration forms will be available at the main office, prior to the start of that particular sport. Fees (\$40 per activity) must be paid at the time of registration.

8th Grade Basketball (Girls/Boys) Starts Dec. 11 – Jan. 24 – registration closes Nov. 30

Boys Basketball 6<sup>th</sup>/7<sup>th</sup> Starts Jan. 29 – March 7

Volleyball 6<sup>th</sup>/7<sup>th</sup> Starts March 12 – April 18

Track Starts April 23 – May 30

### Calling for Eighth Grade Baby Pictures!!

The CRA Yearbook staff would like to invite all eighth grade parents to send baby pictures into our yearbook account. All pictures received before January 15<sup>th</sup> will appear before the eighth grade pages in the 2018-2019 yearbook. Please send pictures, in jpeg form, to the following email:

crandersonyearbook@gmail.com

\*\*PICTURES MUST BE SENT IN JPEG FORM. PLEASE DO NOT SEND THUMBNAIL PICTURES. THEY LOOK BLURRY BECAUSE THE FILE SIZE IS NOT BIG ENOUGH.\*\*

## Is it a cold or the flu?

Check your symptoms and ask your doctor for advice. Remember, a **flu shot** is your best protection against the flu.

Symptoms	Cold	Flu
Fever	Rare in adults and older children,	Usually 102°, but can go up to
	but can be as high as 102°F in	104°F and usually last 3 to 4 days
	infants and small children	
Headache	Rare	Sudden onset and can be severe
Muscle aches	Mild	Usual, and often severe
Tiredness and weakness	Mild	Can last 2 or more weeks
Extreme exhaustion	Never	Sudden onset and can be severe
Runny nose	Often	Sometimes
Sneezing	Often	Sometimes
Sore throat	Often	Sometimes
Cough	Mild hacking cough	Usual, and can become severe

If you have flu symptoms they will usually be mild or we may never know we have the flu virus. Many patients may not be tested for the flu because the test results usually do not change how you are treated and may take several days for the results.



### **BOOK FAIR!**

The Scholastic Book Fair is coming to the **CRA Library November 12-16**. The Book Fair will be open for students before school, after school, and during parent teacher conferences. You may also shop online Nov. 4 - Nov. 16 at <a href="https://www.scholastic.com/fair">www.scholastic.com/fair</a>. Come find your next favorite book!

**Location: CRA Library** 

Days & Hours:

Monday Nov. 12: 7:45-8:05 am

Tuesday, Nov. 13: 7:45-8:05 am, and 3:00-7:00 pm Wednesday, Nov. 14: 7:45-8:05 am, and 3:00-6:30 pm Thursday, Nov. 15: 7:45-8:05 am, and 3:00-3:30 pm

Friday, Nov. 16: 7:45-8:05 am



### Parent Council

Parents: If you are looking for a way to keep in touch with your child's school – CRA Parent Council would like to meet you. The next meeting is scheduled for <a href="Wednesday, November 14th">Wednesday, November 14th</a> at 12:00 noon. We are looking forward to new ideas and energy and everyone is welcome.

## After-School Kids Academic Assistance Program

We are currently accepting applications for the after-school study program. Applications are available in the main office. Return completed applications to the main office.

Mrs. Bisom will contact you prior to your child starting.

#### We will meet Tuesday and Thursday from 3:00 to 4:00.

Students in this program receive assistance with their homework from teachers. The participants are expected to follow all school rules and come prepared to work during the study time. Attendance is expected unless there has been an excused absence for the school day. Enrollment is limited and a waiting list is kept for any overflow.



## **CRA Food Drive**

- Which advisor can bring in the most food??
- The food drive will go from October 30<sup>th</sup> to November 20<sup>th</sup>.

## Why should we do a food drive?

Hunger is not just a World problem, it is a Montana problem and it is a Helena problem!

#### **CRA Off-Campus Emergency Evacuation**

Recently all students participated in our annual evacuation drill to our Off-Campus Emergency Evacuation Sites. We practice this drill in case there would be a situation where our students can not stay in the building or need to leave the building due to an emergency.

The following are the locations our student would evacuate to:

6th grade and special needs: Calvary Baptist Church-across the street from CRA

7<sup>th</sup> grade: Headwaters Covenant Church, 1030 Choteau St. (formerly Alliance Church)

8<sup>th</sup> grade: Alliance Church, 1400 Stuart St. (formerly Our Redeemer's Lutheran Church)

If CRA would need to evacuate the building and could not return we would put into use our all school In-Touch notification system. This is the same system that is used for our attendance calling/emailing. You would receive a call and/or email letting you know the situation and the location of the grade levels. We will also post the locations on our reader board at CRA.

We hope to not use these Off-Campus sites, but if we need to, we are prepared and ready.

Thank you to the churches and their staff members for allowing our students into their buildings!

#### From the Lunch Counter:

#### 2018/19 Breakfast and lunch prices and information

	Full Price	Reduced Price
Breakfast	\$1.40	\$.30
Lunch	\$2.75	\$.40

#### Procedure for putting money onto a student's meal account is as follows:

- 1. You may go on-line to the meal account program and use your credit/debit card to put an amount on to your student's account
  - **https://www.mymealtime.com/signin.aspx**. Funds will not be available for 48 hours.
- 2. You may send a check or cash to school with your student and they may bring it to the main office before school. If sending a check to school, please put the student's first and last name along with their student ID number on the memo line. We are not able to take credit/debit cards at the school.

#### <u>MealTime Parent Portal Overview</u> This portal is for both Pay Online and Apply Online.

#### Logging in:

- 1. Go to <a href="http://www.mymealtime.com">http://www.mymealtime.com</a>
- 2. If you already created an account
  - a. Enter your username and password
  - b. Click on Sign In
- 3. If you need to create an account
  - a. Click on Register
  - b. Enter YOUR OWN date of birth (not your student's)
  - c. Mark the box stating You have read and agree to Terms of Use
  - d. Click OK
- **4.** Please fill in the fields to create your MealTime Online Parent Profile. You are entering **YOUR** information here, not your student's information.

#### **Adding Your student:**

- 1. On the Left side, click on Manage Cafeteria Accounts
- 2. Under Add student, click New
- 3. Select State, Enter Montana
- 4. School Name, Enter CRA Middle School
- 5. Student ID, Enter your Student's ID #
- 6. Click Add

#### Free/Reduced Meal Application:

- 1. On the Left side, Under MealTime Apply Online, Click Let's go!
- 2. You will have to Sign In again
- 3. Click on New Application
- 4. Please follow the prompts to apply

If you have any questions, please call Rachelle Lilletvedt at 324-2757.



Thank you to the entire C.R.A. community for your tremendous support of the Music Department's annual "Pledge Drive!" Our unique fundraiser ran throughout October with the goals of raising awareness about middle school music while raising money to support our diverse and exciting activities. Because of your generosity, the music programs at C.R.A. have raised over \$13,000!

Please know that we appreciate not only your monetary support, but also the continued feedback and encouragement you provide us and your talented children. Every pledge drive contribution will enrich and support our dynamic music programs during the 2018-2019 school year. We look forward to seeing you soon at our first concerts of the year!

Sincerely,

Chris Nevinski Chris Helseth Kevin Cleary

Band Choir Orchestra/Music Tech

324-2822 324-2821 324-2816



2018-2019 SEASON

The 2018-2019 season for the *Helena Youth Orchestra* is moving along with great success; our diverse ensembles include students of all ages and ability levels who are exploring challenging symphonic literature with their peers every Friday after school.

If you are interested in learning more about the organization, or in obtaining an enrollment brochure, please visit our website (<a href="https://helenayouthorchestra.org/">https://helenayouthorchestra.org/</a>) or check out our Facebook page. You are also welcome to attend our Winter Concert on <a href="https://helenayouthorchestra.org/">Thursday, November 29 at 5:30</a> <a href="mailto:pm">pm</a> in the Myrna Loy Center large theater. Talk with your music teacher or contact Mr. Cleary (<a href="mailto:keleary@helenayouthorchestra.org">keleary@helenayouthorchestra.org</a>) if you want to join or have additional questions about HYO!

# The MET, Live at C.R. Anderson Middle School!

The Helena School District is in its eleventh year partnering with the Metropolitan Opera Company (the MET) for the *Live in Schools* program. The *Live in Schools* program provides tickets to as many as eight operas each season to introduce students to this incredible art form. Each opera is streamed live to our local movie theater, and the MET provides rich and detailed educator guides that help teachers and students learn about each show.

With our next show fast approaching—*Marnie* on Saturday, November 10—we want to remind C.R. Anderson students that everyone is welcome to be a part of the *Live in Schools* program. If you want to get involved with the opera you can still contact Mr. Cleary at 324-2816 or <a href="kcleary@helenaschools.org">kcleary@helenaschools.org</a>. I hope to see you at the opera!

# New York City 2020

As the first quarter draws to a close, Mr. Cleary continues to plan ahead to Spring Break in two years! The next music and art tour to New York will happen in spring 2020, and all middle and high school students are welcome to join the fun. While 2020 seems a long way off, planning early makes it easier to save the money needed for such an exciting experience.

To keep the planning process moving, Mr. Cleary has been working with EF Explore America and interested families to create an exciting and engaging experience for all student and adult participants. Anyone who wants to be a part of this next tour may contact Mr. Cleary at <a href="mailto:kcleary@helenaschools.org">kcleary@helenaschools.org</a> or 324-2816; he will provide email updates and is happy to answer questions about this amazing educational opportunity.

Our next informational and fundraising meeting has been scheduled for <u>Tuesday</u>, <u>December 4</u> <u>at 6:00 pm</u> in the CRA Orchestra room. Until then, you are invited to visit our tour website (<a href="http://www.efexploreamerica.com/2130156ZD">http://www.efexploreamerica.com/2130156ZD</a>) to enroll or learn more. See you in New York!