



# Cub Newsletter

December 2018

Main Office 324-2800      Attendance Line 324-2802

Office hours 7:30 a.m.- 4:00 p.m.

School day hours 8:05 a.m.-2:50 p.m.

Library hours 7:30 a.m. - 3:20 p.m

Transportation 324-2100

Attendance Office phone number 324-2802

\*\* Please let us know if any phone numbers, addresses, or e-mails have changed so we can keep in contact with you!

## **Christmas Break December 24th-January 1<sup>st</sup>!**

**School resumes Tuesday, January 2<sup>nd</sup>.**

Our Administrative Buildings, May Butler Center and Front Street Learning Center, will be closed December 25-26, and January 1.

## **Important Dates**

Dec. 6<sup>th</sup> – Voices of Tomorrow tour

Dec. 11<sup>th</sup> - 8<sup>th</sup> grade girls and boys basketball begins

Dec. 13<sup>th</sup> Chamber Orch. Informance 1 PM

Dec. 13<sup>th</sup> 8<sup>th</sup> Grade Band Concert 7 PM at CHS

Dec. 14<sup>th</sup> Christmas Dance 3:00-5:00 pm

Dec. 18<sup>th</sup> Orchestra - 6<sup>th</sup> at 6 pm and 7<sup>th</sup> at 7 pm at HMS

Dec. 20<sup>th</sup> 6<sup>th</sup>/7<sup>th</sup> Winter Band Concert – 4:00 & 7:00 pm at CRA

Dec. 24<sup>th</sup> -Jan. 1<sup>st</sup> Holiday Break- No School

Jan. 2<sup>nd</sup> School Resumes

Jan. 8<sup>th</sup> Orchestra/Music Tech Screening 4:00 pm at Myrna Loy

Jan. 17<sup>th</sup> End of Semester/Noon Release

Jan. 18<sup>th</sup> No School

Jan. 21<sup>st</sup> No School/Martin Luther King Day

Jan. 22<sup>nd</sup> Start of 3<sup>rd</sup> Quarter/Second Semester

THANK YOU to all of you who brought food for the teachers at Parent/Teacher Conferences – very much appreciated!!

The 2018-19 District Calendar and the A/B Day Calendar are posted on our website.

<http://cra.helenaschools.org/resources/>

### **Middle School Activities**

*The C.R. Anderson Sports Program is to provide equal and safe opportunities for all students to participate. Our focus is to foster competition, sportsmanship, teamwork, and individual improvement.*

**Registration forms will be available at the main office, prior to the start of that particular sport. Fees (\$40 per activity) must be paid at the time of registration.**

**Boys Basketball 6<sup>th</sup>/7<sup>th</sup>**

**Starts Jan. 29 – March 9**

**Volleyball 6<sup>th</sup>/7<sup>th</sup>**

**Starts March 12 – April 18**

**Track**

**Starts April 23 – May 30**

## **Calling for Eighth Grade Baby Pictures!!**

The CRA Yearbook staff would like to invite all eighth grade parents to send baby pictures into our yearbook account. All pictures received before January 15<sup>th</sup> will appear before the eighth grade pages in the 2018-2019 yearbook. Please send pictures, in jpeg form, to the following email:

[crandersonyearbook@gmail.com](mailto:crandersonyearbook@gmail.com)

***\*\*PICTURES MUST BE SENT IN JPEG FORM. PLEASE DO NOT SEND THUMBNAIL PICTURES. THEY LOOK BLURRY BECAUSE THE FILE SIZE IS NOT BIG ENOUGH.\*\****

## **CRA Library Hours**

**7:30am-3:20pm**

Students using the library at 7:30 need to use the NW entrance  
(by the basketball hoops)

### **Driver's Education**

Registration for the Winter Session of Driver's Education will be January 2-11<sup>th</sup>. Students must be 15 by May 31, 2019 to participate in this session. Click here for more info

<http://helenaschools.org/departments/traffic-education/>.

## **PE DEPARTMENT DECEMBER FUNDRAISER**

To maintain the machines in the CRA Cardio Room, the PE department will be selling multi-flavored candy canes during the month of December. These machines are used by every student in our school and are very expensive to repair. Thank you in advance for supporting our efforts. Any donations are also greatly appreciated.

**The candy canes are available in both the girls' and boys' locker rooms for \$1.00 each.**



## **After-School Kids Academic Assistance Program**

We are currently accepting applications for the after-school study program. Applications are available in the main office. Return completed applications to the main office.

Mrs. Bisom will contact you prior to your child starting.

### **We will meet Tuesday and Thursday from 3:00 to 4:00.**

Students in this program receive assistance with their homework from teachers. The participants are expected to follow all school rules and come prepared to work during the study time.

Attendance is expected unless there has been an excused absence for the school day. Enrollment is limited and a waiting list is kept for any overflow.

## Is it a cold or the flu?

Check your symptoms and ask your doctor for advice.  
Remember, a **flu shot** is your best protection against the flu.

Symptoms	Cold	Flu
<b>Fever</b>	Rare in adults and older children, but can be as high as 102°F in infants and small children	Usually 102°, but can go up to 104°F and usually last 3 to 4 days
<b>Headache</b>	Rare	Sudden onset and can be severe
<b>Muscle aches</b>	Mild	Usual, and often severe
<b>Tiredness and weakness</b>	Mild	Can last 2 or more weeks
<b>Extreme exhaustion</b>	Never	Sudden onset and can be severe
<b>Runny nose</b>	Often	Sometimes
<b>Sneezing</b>	Often	Sometimes
<b>Sore throat</b>	Often	Sometimes
<b>Cough</b>	Mild hacking cough	Usual, and can become severe

If you have flu symptoms they will usually be mild or we may never know we have the flu virus. Many patients may not be tested for the flu because the test results usually do not change how you are treated and may take several days for the results.



Throughout the month of December, the 8<sup>th</sup> grade Niceness is Priceless team is partnering with Florence Crittenton to collect *new toddler-sized socks and mittens* for young'uns in need. Please consider donating to keep those toddler fingers and toes toasty this winter!

## *From the Lunch Counter:*

### **2018/19 Breakfast and lunch prices and information**

	Full Price	Reduced Price
Breakfast	\$1.40	\$.30
Lunch	\$2.75	\$.40

Procedure for putting money onto a student's meal account is as follows:

1. You may go on-line to the meal account program and use your credit/debit card to put an amount on to your student's account  
<https://www.mymealtime.com/signin.aspx>. Funds will not be available for 48 hours.
2. You may send a check or cash to school with your student and they may bring it to the main office before school. If sending a check to school, please put the student's first and last name along with their student ID number on the memo line. We are not able to take credit/debit cards at the school.

### MealTime Parent Portal Overview

This portal is for both Pay Online and Apply Online.

#### **Logging in:**

1. Go to <http://www.mymealtime.com>
2. If you already created an account
  - a. Enter your username and password
  - b. Click on Sign In
3. If you need to create an account
  - a. Click on Register
  - b. Enter YOUR OWN date of birth (not your student's)
  - c. Mark the box stating You have read and agree to Terms of Use
  - d. Click OK
4. Please fill in the fields to create your MealTime Online Parent Profile. You are entering **YOUR** information here, not your student's information.

#### **Adding Your student:**

1. On the Left side, click on Manage Cafeteria Accounts
2. Under Add student, **click New**
3. Select State, Enter **Montana**
4. School Name, Enter **CRA Middle School**
5. Student ID, Enter your **Student's ID #**
6. Click Add

#### **Free/Reduced Meal Application:**

1. On the Left side, Under MealTime Apply Online, Click **Let's go!**
2. You will have to Sign In again
3. Click on New Application
4. Please follow the prompts to apply

If you have any questions, please call Rachelle Lilletvedt at 324-2757.

## Attention 8<sup>th</sup> Grade Parents!

The Helena WINS is an initiative of the Helena Area Chamber of Commerce to help local businesses attract, retain, and develop workforce talent. The initiative is organized by industry sectors and led by business champions within each industry. The initiative is currently focused on the following industries: Manufacturing, Health Care, Information Technology, and Construction. The plan will be to expand to additional industry sectors in the future. In addition to industry leaders, committee members also include members from both Helena High Schools, Helena College, Carroll College, government agencies, and organizations such as Reach Higher Montana. We all recognize the need for students to become more aware of opportunities for them both during and after their education in the Helena area.

The Manufacturing industry committee has identified students' eighth grade year as a pivotal point in preparing them for their high school pathways and ultimately their career paths. On January 16th, from 5:30 to 7:00 pm, Helena College (2300 Airport Road) will host a Manufacturing Career Night. Sponsored by Helena WINS (Workforce Innovation Networks), this exciting event will introduce eighth graders and their parents to careers in the manufacturing industry right here in Helena! This event is free and pizza will be provided to students and their families.

We invite you to spread the word about this amazing opportunity and to encourage your eighth graders to attend. This event will help them to get a jumpstart not only on their high school education but will encourage them to start thinking about their future. Ways you can show your support and spread the word:

### **6th Grade Student Support Group:**

Mr. McCauley, C.R. Anderson 6<sup>th</sup> grade counselor, will be offering a support group for 6<sup>th</sup> grade students whose parents are divorced, separated, or going through the divorce process. For more information or to sign your child up, please email Mr. McCauley at [mmccauley@helenaschools.org](mailto:mmccauley@helenaschools.org) or call 324-2762.



## **CRA is collecting BOX TOPS!!**

If you are not already sending your Box Tops to an Elementary School in our district, please send them to CRA. We are now collecting Box Tops to help fund our printing & ink costs at the school. There is a collection box located in the front foyer. Thank you for helping us help our students and teachers here at CRA!!!  
Keep cutting those BOX TOPS!!!

### **CRA Off-Campus Emergency Evacuation**

Recently all students participated in our annual evacuation drill to our Off-Campus Emergency Evacuation Sites. We practice this drill in case there would be a situation where our students can not stay in the building or need to leave the building due to an emergency.

The following are the locations our student would evacuate to:

6<sup>th</sup> grade and special needs: Calvary Baptist Church-across the street from CRA

7<sup>th</sup> grade: Headwaters Covenant Church, 1030 Choteau St. (formerly Alliance Church)

8<sup>th</sup> grade: Alliance Church, 1400 Stuart St. (formerly Our Redeemer's Lutheran Church)

If CRA would need to evacuate the building and could not return we would put into use our all school In-Touch notification system. This is the same system that is used for our attendance calling/emailing. You would receive a call and/or email letting you know the situation and the location of the grade levels. We will also post the locations on our reader board at CRA.

We hope to not use these Off-Campus sites, but if we need to, we are prepared and ready.

Thank you to the churches and their staff members for allowing our students into their buildings!



## **Educational Talent Search Looking for 6th Grade Students to Join Program:**

### **Mission**

Montana Tech's Educational Talent Search (ETS) program will provide academic, career, and financial counseling to our high school and middle school participants and encourage them to graduate from high school and continue on to the post-secondary school of their choice.

Talent Search is an outreach program supported by Montana Tech and funded through a grant from the U.S. Department of Education.

Talent Search provides services such as: career exploration, college planning and financial aid workshops, academic advising/career counseling, campus visitation, social/cultural programs, field trips, tutoring and much more!

Talent Search's primary focus is, but is not limited to, helping low income and first generation students build the skills to succeed in post secondary education.

Services provided:

- Weekly meetings
- Academic advising
- Career and personal counseling
- Time, money and stress management
- Public service activities
- Building of cultural awareness

### **Schools:**

- [Butte High School](#)
- [Anaconda High School](#)
- [Powell County High School](#)
- [Capital High School](#)
- [Helena High School](#)
- [East Middle School](#)
- [Fred Moodry Middle School](#)
- [E.F. Duvall Middle School](#)
- [C.R. Anderson Middle School](#)
- [Helena Middle School](#)
- [East Valley Middle School](#)

For more information contact Marc McCauley, CRA 6th grade counselor, at 406-324-2762, or [mmccauley@helenaschools.org](mailto:mmccauley@helenaschools.org), or [Michelle Christianson](#) from ETS at 406.439-2387



2018-2019 SEASON

The 2018-2019 season for the *Helena Youth Orchestra* is moving along with great success; our diverse ensembles include students of all ages and ability levels who are exploring challenging symphonic literature with their peers every Friday after school.

On November 29, we enjoyed a highly successful Winter Tour and Concert with the **Helena Youth Chorus**, which marks the end of our Fall Semester. Enrollment is open for any and all students interested in the Spring Semester, which begins January 4.

If you are interested in learning more about the organization, or in obtaining an enrollment brochure, please visit our website (<https://helenayouthorchestra.org/>) or check out our Facebook page. Talk with your music teacher or contact Mr. Cleary ([kcleary@helenayouthorchestra.org](mailto:kcleary@helenayouthorchestra.org)) if you want to join or have additional questions about HYO!

## The MET, Live at C.R. Anderson Middle School!

The Helena School District is in its eleventh year partnering with the Metropolitan Opera Company (the MET) for the *Live in Schools* program. The *Live in Schools* program provides tickets to as many as eight operas each season to introduce students to this incredible art form. Each opera is streamed live to our local movie theater, and the MET provides rich and detailed educator guides that help teachers and students learn about each show.

With our next show fast approaching—*La Traviata* on Saturday, December 15—we want to remind C.R. Anderson students that everyone is welcome to be a part of the *Live in Schools* program. If you want to get involved with the opera you can still contact Mr. Cleary at 324-2816 or [kcleary@helenaschools.org](mailto:kcleary@helenaschools.org). I hope to see you at the opera!

# New York City 2020

As the November draws to a close, Mr. Cleary continues to plan ahead to Spring Break in two years! The next music and art tour to New York will happen in spring 2020, and all middle and high school students are welcome to join the fun. While 2020 seems a long way off, planning early makes it easier to save the money needed for such an exciting experience.

To keep the planning process moving, Mr. Cleary has been working with EF Explore America and interested families to create an exciting and engaging experience for all student and adult participants. Anyone who wants to be a part of this next tour may contact Mr. Cleary at [kcleary@helenaschools.org](mailto:kcleary@helenaschools.org) or 324-2816; he will provide email updates and is happy to answer questions about this amazing educational opportunity.

Our next informational and fundraising meeting has been scheduled for **Tuesday, December 4 at 6:00 pm** in the CRA Orchestra room. Until then, you are invited to visit our tour website (<http://www.efexploreamerica.com/2130156ZD>) to enroll or learn more. See you in New York!